

1. Integrated Child Development Scheme (ICDS)

Integrated Child Development Services (ICDS) is a centrally sponsored scheme. ICDS is implemented through the CDPO Offices (ICDS Projects) located in 12 talukas of the State, covering health and functional literacy for adult women and children in the age group of 0-6 years. Under this programme a package of 6 services viz. **supplementary nutrition, immunization, health check-up, referral services, pre-school non-formal education and nutrition & health education** are provided to children in the age group of 0-6 years as well as to pregnant and nursing mothers through a well knit network of Anganwadi Centres.

Objectives of the Scheme:

- to improve the nutritional and health status of children in the age-group 0-6 years;
- to lay the foundation for proper psychological, physical and social development of the child;
- to reduce the incidence of mortality, morbidity, malnutrition and school dropout;
- to achieve effective co-ordination of policy and implementation amongst the various departments to promote child development; and
- to enhance the capability of the mother to look after the normal health and nutritional needs of the child through proper nutrition and health education.

Eligibility Criteria:

Under the scheme the children in the age group of 0-6 years and the pregnant and nursing mothers can avail benefits.

Type of Assistance:

The assistance is purely in kind, the pattern is as per below mentioned table;

Type of Assistance	6 months to 2 1/2 years (Items in detail)	2 1/2 years to 6 years (Items in detail)	P & L Women (Items in detail)
Take Home Ration (THR)	Moongdal, Masurdal, Green peas / vatana, Gram dal, Rice, Ragi. (food supplement of 500 calories and 12-15 gm protein per child and in case of malnourished child 800 calories of energy and 20-25 g of protein is provided as per revised nutritional and feeding norms)	--	Moong, Green peas / Vatana, Chana dal, Masur, Jaggery, Pure Ghee, Rice, Ragi. (food supplement of 600 calories and 18-20 gm protein per beneficiary is provided as per revised nutritional and feeding norms)
Morning Snacks/ Nasta	--	Mix Ladu / Moog Usal / Sweet Idli / (sweet mangane) / Mixed	--

2

3/5/c

		Vegetable Roti / Sweet Green Póle or Dosa / Groundnut Chikki. (food supplement of 500 calories and 12-15 gm protein per child is provided as per revised nutritional and feeding norms)	
--	--	--	--

Procedure & formalities required to derive the benefits:

The beneficiary has to get register herself/himself at Anganwadi Centres in their residential area/place. No application form is required to be filled.

2. Rajiv Gandhi Scheme for Empowerment of Adolescent Girls - Sabla

Rajiv Gandhi Scheme for Empowerment of Adolescent Girls (Sabla) is for Adolescent Girls of 11-18 years, whereby the Nutrition Programme for Adolescent Girls (NPAG) and Kishori Shakti Yojana (KSY) is merged with content enrichment. The Scheme is implemented from 2011-12 using the platform of Integrated Child Development Services Scheme. SABL A is a centrally sponsored scheme implemented through the State Government with 60:40 basis financial assistance from the Central Government and State Government for all inputs, except supplementary nutrition for which Government of India and State would share on 50:50 basis. The scheme aims at empowering adolescent girls of 11-18 years with focus on out-of-school girls by improvement in their nutritional and health status and upgrading various skills like home skills, life skills and vocational skills. Supplementary nutrition is being providing to the beneficiaries @ Rs.5/- per day for 300 days in a year.

Objectives of the Scheme:

- i. enable self-development and empowerment of AGs;
- ii. improve their nutrition and health status;
- iii. spread awareness among them about health, hygiene, nutrition, Adolescent Reproductive and Sexual Health (ARSH), and family and child care;
- iv. upgrade their home-based skills, life skills and vocational skills;
- v. mainstream out-of-school AGs into formal/non formal-education; and
- vi. inform and guide them about existing public services, such as PHC, CHC, Post Office, Bank, Police Station, etc.

Eligibility Criteria:

The Adolescent Girls in the age group of 11-18 years are eligible to avail benefits under the scheme.

2

Type of Assistance:

Under this scheme the assistance in the form of Take Home Ration like Rice, Wheat, Cereals, Pulses, etc. are given to the Adolescent Girls in the age group of 11-18 years under Nutrition component and under Non-Nutrition component the services like IFA Supplementation, Health Check-up & Referral Services, Nutrition & Health Education (NHE), Counseling/Guidance on Family Welfare, ARSH, Child Care Practices, Life Skill Education & Accessing Public Services and Vocational training are provided to the Adolescent Girls.

Procedure & formalities required to derive the benefits:

The Adolescent Girls has to get register themselves at Anganwadi Centres in their residential area/place. No application form is required to be filled.

e